# Teachers’ Profile

|  |  |
| --- | --- |
| **Employee'sName:** | **TAJPURIANISHAMADHUSUDAN** |
| Designation: | Associate Professor |
| Department: | Psychology |
| Address: | 6/1/149,TULSI BANGLOWS, UNDAVA AT. PO. TA. KHEDBRAHMADIST.SABARKANTHA |
| Phone(R): | 9624913176 |
| Date of Birth: | 16.03.1963 |
| Caste : | Hindu Bhavsar |
| Male/Female: | Female |
| DateofJoining: | 01.07.1994 |
| University Recognized No. | Aca/287/5289/94 Dt.02.07.94 |

1. **Education Qualification:**

|  |  |  |  |
| --- | --- | --- | --- |
| **Streams** | **Subject** | **University** | **Year** |
| B.A | Psychology | GujaratUniversity | 1984 |
| M.A | Psychology | GujaratUniversity | 1986 |
| T.T.D.B. |  | AndhsalaA`bad | 1987 |
| C.P.C.S. | Computer | AmbedkarOpenUni, A’bad | 2001 |
| Ph.D | “A Comparative Study of depression between Tribal and Non-Tribal CollegeStudents | Ambedkar OpenUni,A’bad | 2010 |
| CCC-PLUS | Computer | Ambedkar OpenUni., A’bad | 2010 |

# Educational Experience as on: 01/07/2024

* + Graduate Level: 32Year’s
	+ Post Graduate Level: 22Year’s

# Mention Period of Experience at any other organization before joining this institute

|  |  |  |
| --- | --- | --- |
| **Sr. No** | **Organization Name** | **Period** |
| 1 | Arts & Commerce College,Khedbrahma | 22.01.1990 to 31.06.1994(Part-Time) |
| 2 | Arts &Commerce College, Khedbrahma | 01.07.1994 onwards |

1. **Provide the information about the completion of Orientation/Refresher courses**

|  |  |  |  |
| --- | --- | --- | --- |
| **No** | **Course Name** | **Period** | **Place** |
| 1 | Orientation | 05.03.2001TO31.03.2001 | Patan (ASC Rajkot) |
| 2 | Refresher | 07.02.2000TO27.02.2000 | ASC Rajkot |
| 3 | Refresher | 02.11.2000TO19.11.2000 | ASC Rajkot |
| 4 | Refresher | 27.11.2003TO17.12.2003 | ASC - VallabhVidyanagar |

# Provide Information regarding published work or Papers presented at National/Inter National level

1. **Published Articles/Creative writing in Periodicals:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Sr.****No.** | **Title of the Article** | **Magazine‘s Name** | **Year** | **ISSN/ISBN****No.** |
| 1 | An Enemy of Human Being: AIDS | Aapnu Sabarkantha | 2008 |  |
| 2 | Increase in Population and Environment | Arth Sankaln | 2008 |  |
| 3 | Anxiety: A Plight of Today | Aapnu Sabarkantha | 2009 |  |
| 4 | “Coping with Stress” | Research Digest |  2009 | 0973- 6387 |
| 5 | Effects of Parent’s Education onAchievement and Motivation of Adolescents | Research Digest | 2012 | 0973-6387 |
| 6 | Fear: A Cancer of Soul | Brahmastra | 2012 |  |
| 7 | A study of Interrelation Personality and Problem solving Ability of 12thStandard Students | Indian Journal of Health & Wellbeing | 2012 | 2229-5356 |
| 8 | “Yoga for the Differently Able Children” | King of Education World | Sap-Oct.,2014 | 2278-9189 |
| 9 | “Adjustment Problems of Female college Students” | Research Review | August2014 | 2321-4708 |
| 10 | “Managing Stress among tribal students by Pranayams” | King of Education World | July –August, | 2278-9189 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  |  | 2014 |  |
| 11 | “A Comparative study of Job satisfaction of Working Women” | Research AajTak | Oct-Dec.2014 | 2278-2001 |
| 12 | “A study of Depression and Life Style of Indian Aging Women” | Research Thought | February2015 | 2278-4594 |
| 13 | “A Study of Environmental ethics of Disabled students” | Online [www.redshinepub.eu.pn](http://www.redshinepub.eu.pn)(The International Journal of Indian Psychology) | Januarymarch2015 | 2348--5396 |
| 14 | “Academic Stress and Adjustment among High school Students” | EDUSPARK(International) | 9th IssueOctober–November2016 | 2348-912X |
| 15 | “Academic Stress and Adjustment among XII Standard students” | King of Education World | May-June2016 | 2278-9189 |
| 16 | “Attitude towards Sports of Rural living Peoples” | International Journal Social Impact | April-June2018 | 2455-670X |

# Published Book(s):

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Sr. No. | Title of the Book | Publisher | Year | **ISSN/ISBN****No.** |
| 1 | Stress Management | Kruti Prakashan | 2011 | SO 12267 |
| 2. |  Applied Cognitive Psychology | Rajat Publication  | 2022 | 978-81-7880-811-6 |

1. **Participation a State/ National/ International Conference/Seminar/ Workshop:**

**International Conference**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Sr.****No.** | **ConferenceName** | **Organizer** | **Place** | **Date** | **Paper Reading&Title** |
| 1 | “Life Skills for Quality of Life” | Department of Studies in Psychology,Uni. ofMysore | Mysore,Karnataka,India | 4th-6thFebruary2011 | “A Comparative Study of Job-satisfaction of Working Woman |
| 2 | Applied Psychology in Transforming Education and Management Sciences in the Context ofGlobalization | TOCH Institute of Science & Technology | ArakknnamErnakulamdist. Kerala India | 15-16June2012 | “A Study of Environmental ethics of Disabled Students (North Gujarat) |
| 3 | PsychologyforHolistic Living in Global World | Gujarat Law Society’s L & C. Mehta Arts College | L & C.Mehta Arts College Ahmadabad | 1st– 4th March 2014 | “Managing Stress among Tribal students by Pranayam” |
| 4 | Emerging Role of guidance and Counseling in Health & WellBeing | Department of Psychology Academy of Well Being Society, Udaipur | Academy of Well Being Society, Udaipur | 18th-19th November, 2014 | “A analytical study of mental health std. 10th - 12th students” |
| 5 | Holistic Living: An Indian Perspective | Shri Ramji Ravji Lalan College, Bhuj-Kachchh | Bhuj-Kachchh | 15-16 February, 2015 | “Depression and Life Style in Indian Ageing Women” |
| 6 | Psychology for Building Global Community | University of Rajasthan (Jaipur) | Jaipur (Rajasthan) | 23rd-25th February, 2017 | “A Comparison and Mental Health and Life Expectancy in Employed andUnemployed People” |
| 7 | International Conference on Psychology Beyond Horizon | Jai Narayan University Jodhpur (Rajasthan) | Jodhpur (Rajasthan) | 30thAugustto1st September,2017 | “A Comparative Study of Frustration of Parents having Mentally Retarded Children and Parents having Mentally NormalChildren” |
| 8 | 8th International Conference of Indian Academy of Health Psychology | ICIAHP-2023Goa | Goa | 30th November to 02ndDecember, 2023 | A study of Cyber-Crime Awareness among Students |

# National Conference

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Sr.****No.** | **ConferenceName** | **Organizer** | **Place** | **Date** | **Paper Reading&Title** |
| 1 | The Indian AssociationOf Human Behavior | Department of Psychology,S.P.Uni. | Vallabh Vidyanagar Gujarat | 08-09March2008 | Participant |
| 2 | Women’s Development in 21stCentury | Women’s Development Cell GujaratUni. | Ahmedabad Gujarat | 30-31January2010 | Women with Disability |
| 3 | 1st National Conference of Inspa on School Psychology | TEPSE & HEPSNCenter, Department of Psychology, Jai NarainVyas Uni. | Jodhpur (Rajasthan) | 26-28November2011 | “A Study of Inter-relation Personality and Problem Solving Abilities of 12th Std. Students” |
| 4 | Women Insecurity Issues and Mental Health-Reasons and Solution | Department of PsychologyS.P.Uni.VallabhVidyanagar | Vallabh Vidyanagar Gujarat | 08-09March, 2014 | “A Comparative Study of Frustration among Working and NonWorkingWomen” |
| 5 | Adjustments an Improvement of Quality of life(ICSSR) | Department of Psychology & Sociology | Mehsana | 22nd-23rd March2014 | “Adjustment Problems of female college students |
| 6 | Development of Psychology in 100 Years in India, Challenges &Future of Psychology | Sorabji Garda Arts &P.K. Patel Commerce College Navsari | Navsari (SouthGujarat) | 10th-12th Sept.,2016 | “Trait Anxiety and Anger Expression in Patients” |
| 7 | Literature,Social Sciences, Regional Studies, ManagementPractices (LSRM) | VNSBLtdArts & CommerceCollege Vadnagar | Vadnagar (North Gujarat) | 18thFebruary,2017 | “Marital Satisfaction and Anxiety among Signal and Dual Carrere women Dist: Ahmadabad  |
| 8 | Role of Social Science forWell Bing on | Smt.1. S. Mahila

Arts & HomScience | Mehsana (NorthGujarat) | 17-18March, 2018 | “Relationship of short term Memory withDepression and |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | The Globe | College,Mehsana |  |  | Anxiety” |
| 9 | Indian Association of Human Behavior | MEHRIZMFoundation & PDMHFGujaratUniversity | Gujarat UniversityAhmedabad | 1st-2ndOcto.2018 | “A Comparative Study on Anxiety among Volley Ball and Kabbadi Players of Sabarkantha District in NorthGujarat” |
| 10 | Indian Academy of Health Psychology | Mental Health Jointly Department of Psychology S.P.University | Sardar Patel University Vallabh Vidyanagar | 16th to !8thAugust-2019 | “Well – Being of Rural Women in the North Gujarat |

**National Seminar**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Sr.****No.** | **Conference****Name** | **Organizer** | **Place** | **Date** | **PaperReading &Title** |
| 1 | Feminism | J. P. Pardiwala Arts & CommerceCollege | Killa-Pardi Dist. Valsad (SouthGujarat) | 20-21Sept.,2008 | Working Women and Stress |
| 2 | Bhartiy Navalkatha | Veer NarmadSouth Uni. | Surat (South Gujarat) | 07th-08th March2009 | A Psycho analytical; Approach in Mukund Parikh’s“Mahabhinishkraman” |
| 3 | Life style and | D. D. Thakar | Khedbrahma |  | “A Study of Mental Health of Tribal |
|  | Stress | Arts & | (North Gujarat) | 27th-28th | And NonTribal Women Teachers in |
|  |  | K. J. Patel |  | March | PrimarySchool” |
|  |  | Commerce |  | 2010 |  |
|  |  | College |  |  |  |
| 4 | Parenting Adolescence | Smt.M. M. Shah | Kadi-Gujarat | 2nd& 3rd | Effects of Parent’s Education on Achievement and Motivation of Adolescents |
|  | And Academic | Mahila Arts |  | March |  |
|  | Achievement | College, |  | 2011 |  |
|  |  | Kadi |  |  |  |
| 5 | Stress | Department | Dharampur, | 15th-16th |  |
|  | Management | Of | Dist.Valsad, | January | “A Comparative Study of Mental |
|  |  | Psychology, | South Gujarat | 2011 | Health of Workingwomen and Non – |
|  |  | Vanaraj Arts |  |  | Workingwomen in Idar Talu ka |
|  |  | & commerce |  |  | Gujarat |
|  |  | College |  |  |  |
| 6 | OldAge: | Department | Jodhpur |  |  |
|  | Psycho-Social | Of | (Rajasthan) | 2nd -3rd March | “A Study on the Mental Health of |
|  | And Biological | Psychology, |  | 2013 | Women in old age of Urban and |
|  | Problems and | JayNarin |  |  | RuralArea” |
|  | Management | VyasUni. |  |  |  |
| 7 | Research | D. D. Thaker | Kedbrhma |  | Participant |
|  | Methodology | Arts & | North Gujarat | 23rd -24th  |  |
|  |  | K. J. Patel |  | March |  |
|  |  | Commerce |  | 2013 |  |
|  |  | College |  |  |  |
|  |  | Kedbrhma |  |  |  |
| 8 | Positive | Post | Gujarat Uni. | 31 March | The Impact of Technology on |
|  | Schooling: | Graduate | Ahemedabad | 2013 | Education in school: Its Positive and |
|  | Need for an | Diploma in | Gujarat |  | Negative aspect. |
|  | hour. | Counseling |  |  |  |
|  |  | Psychology, |  |  |  |
|  |  | GujaratUni. |  |  |  |
| 9 | “Relevance | Uma Arts | Gandhinagar | 27th | “A Study of Depression Level of |
|  | Of Indian | And Nathiba | Sec-23 | February | The Students of 12thon basis of |
|  | Cultural | Commerce | Gujarat | 2016 | their gender and type of Family” |
|  | Heritage in | Mahila |  |  |  |
|  | Mordan | College |  |  |  |
|  | Perspective” |  |  |  |  |
| 10 | Stress and Health (UGCSponsored) | Smt. R. R. H.Patel Mahila Arts College, | Vijapur(NorthGujarat) | 23rd -24th July, 2016 | “Academic Stress & Adjustment among high school Students” |

# National Workshop

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Sr.****No.** | **WorkshopName** | **Organizer** | **Place** | **Date** | **Participated** |
| 1 | Workshop for | Department | Gujarat Uni. AhmedabadGujarat |  |  |
|  | Ph. D. Students | Of Education, | 23rdto25th |  |
|  | On Advanced | Guj. Uni. and | March2008 |  |
|  | Educational |  Dr. Babasaheb |  | Participated |
|  | Research |  |  |  |
|  |  | Ambedkar |  |  |
|  |  | Open Uni. |  |  |
| 2 | State Level | Gujarat Uni. | Ahmadabad | 20th | Participated |
|  | Workshop on | of Psychology | Gujarat | September |  |
|  | Research | & Sahjanand |  | 2009 |  |
|  | Methodology | Arts & |  |  |  |
|  |  | Commerce |  |  |  |
|  |  | College |  |  |  |
| 3 | Workshop on | Department |  | 21st | Participated |
|  | Reforming & | Of |  | November |  |
|  | Updating | Psychology, | Kadi | 2009 |  |
|  | Curriculumin | Smt. | Gujarat |  |  |
|  | The Subject of | M. M. Shah |  |  |  |
|  | Psychology | MahilaArts |  |  |  |
|  |  | College, |  |  |  |
|  |  | Kadi |  |  |  |
| 4 | Brain at Work | DepartmentOf Gujarat Uni. | Ahmedabad Gujarat | 23rd January2011 | Participated |
| 5 | Communication of Research in Psychology & Education | DepartmentOf Psychology, Smt.M.M.ShahMahila ArtsCollege, | Kadi Gujarat | 18th March 2012 | Participated |
| 6 | IAAP | Gujarat Law | Ahmadabad | 20thOctober | Participated |
|  | International | Society, Smt. | Gujarat | 2013 |  |
|  | Conferenceon | Laxmiben & |  |  |  |
|  | Psychology for | Mehta Arts |  |  |  |
|  | Holistic Living | College & |  |  |  |
|  | In the Global | C.U. Shah |  |  |  |
|  | World | Arts College |  |  |  |
| 7 | “Guidance and | Janardan Rai | Udaipur | 18th | Participated |
|  | Counseling” | Nagar | Rajasthan | November, |  |
|  |  | Rajasthan |  | 2014 |  |
|  |  | Vidhyapeeth |  |  |  |
|  |  | (DEEMD) |  |  |  |
|  |  | University, |  |  |  |
|  |  | Udaipur |  |  |  |
| 8 | Trainer’s | Gandhinagar | Gandhinagar | 10th | Participated |
|  | Training |  |  | February, |  |
|  | Programunder |  |  | 2016 |  |
|  | Suraxa Setu |  |  |  |  |
|  | Society, |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 9 | Faculty DevelopmentProgramme-IQAC Cell | D.D. Thakar Arts & K. J.Patel Commerce CollegeKhedbrahma | Khedbrahma(North Gujarat) | 7thSeptember,2016 | Participated |
| 10 | IFDP |  Hemchandra | Patan | 3rd  & 4th | Participated |
|  | International | CharyaNorth |  | January, |  |
|  | Faculty | Gujarat |  | 2018 |  |
|  | Development | University, |  |  |  |
|  | Programme | Patan |  |  |  |

1. **Details of Observation/Examination/Coordination duties performed at university level:**

|  |  |  |  |
| --- | --- | --- | --- |
| **Details of Duties** | **Period** | **DutyPerformed** | **Remark** |
| Assessment/Papersetting | 1997Onwards | Paper Setting&Assessment | B.A.M.A. |
| Assessment/Papersetting | 2018 & 2019 | J.N.V.Uni. Udaipur | M.A./MSC |

# Provide the details of any research project or details of Lectures delivered as an Expert.

Details of Research, Completed Projects:

|  |  |  |  |
| --- | --- | --- | --- |
| Sr.No. | Research title of the Project | University /Institute | Year |
| 1 | A Comparative Study of Mental Health, Family Adjustment and Job Satisfaction of WorkingWomen | UGC | 2010 |
| 2 | A Comparative Study ofDepression Between Tribal and Non-Tribal College Student’s | CPE | 2016 |

# Details of Lectures delivered as an Expert:

|  |  |  |  |
| --- | --- | --- | --- |
| Sr.No. | Subject | Date | Institute |
| 1 | Mental Health | 20-02-2015 | Vanaraj Arts & Commerce College, Dharampur Dist. Valasad(SouthGujarat) |
| 2 | “Menstrual Problems and Solution” | 13-03-2015 | Government Arts & Commerce College, Jadar(NorthGujarat) |
| 3 | Personality Development | 12-09-2015 | J. P. Pardiwala Arts & Commerce College, Killa-Pardi-Dist.-Valsad |

|  |  |  |  |
| --- | --- | --- | --- |
| 4 | “Importance and awareness of Mental Health | 30-08-2016 | Shree .B. P. Brahmbhatt Arts & M.H. Guru Commerce College, Unjha |

1. **Details of other Academic/Extra Curricular activities:**

# Other Activities:”

1. BISAG Lecture-Subject:-“Stress Management”
2. National Association for the Blind (NAB) in the Three Phase capacity building training Program-(Disabled Persons Organization (DPOS)–Participated
	1. Unnati:-Organization for Development Education. Date August 10-11,2013 & September
	2. 7-8, 2013 & October 19-20, 2013.
3. Brail Reading and Writing Competition–Himmatnagar-**Judge**2009-2010.
4. “M. P. B. O. U. Bhopal and IGNU Gujarat State by Foundation Course on Education for the Disabled Blind.”

# Awards:

Awarded by National Association for the Blind – Aravli – Sbarkantha Branch-IDAR for the best Activities for blind students by our Respected M.L.A. Shree Hitubhai Kanoriya on the dated.- 08-09-2018 Award by Hitu Kanoria

* + 1. **Expert Lecture:** Date. 23/12/2011 to 24/12/2011

**Topic:-**

1. “Pre-Childhood Development”
2. “Learn and Learning Material, Tools and Instrument”
3. Disabled Children for Behavior Management”
4. National Association for the Blind (Sabarkantha District Branch – Idar) Vadala Program- Expert
	1. Lecture:-**Mental Problem in Disabled old age”**
5. National Association for the Blind(NAB) I have joined as a Executive Member2010to15/10/2013
6. National Association for the Blind (NAB)I have joined as a Joint Secretary16/10/2013
7. IDSS District Training Program in National Association for the Blind (NAB) Idar Expert LectureDelivered-D.17-02-2017

# “Disable Adolescences Problems and Psychological Treatment”

1. National Association for the Blind–Aravli–Sabarkantha Branch-Idar,I have joined as a Executive Member Dated on 27/7/2019.

#  12) Awards:

Awarded by National Association for the Blind – Aravli – Sbarkantha Branch-IDAR for the best Activities for blind students by our Respected M.L.A. Shree Hitubhai Kanoriya on the dated.- 08-09-2018 Award by Hitu Kanoria

 **Extension Activity:**

1. Served as a Subject Expert for Ph.D. Student in Pre Viva – Voce Dt. 15-06-2019
2. Served as a Subject Expert for Ph.D. Student in Pre Viva – Voce Dt. 09-03-2024
3. Served as a Subject Expert for Adhyapak Sahayak Interview in two Colleges in 2023-2024
4. Smt. Kantaben Kiritlal Shah Arts & Smt. Lilaben Bapulal Gunjariya Commerce College, Thara, Date. 08-022024
5. The Dhansura Pradesh Education Society- Dhansura, Date. 08-02-2024
6. Served as a member of committee for Allotment of Ph.D. Students in Hemchandrachary North Gujarat University.
7. Serving as a Ph.D. Guide of for Ph.D. Research Scholar.
8. Served as an Observer of S.S.C. & H.S.C. in Jyoti High school, Khedbrahma. Date. 13-03-2024

# ---------------------------------------------------------------------------------------------------------------------

1. **DetailsofObservation/Examination/Coordinationdutiesperformedatuniversitylevel:**

|  |  |  |  |
| --- | --- | --- | --- |
| **Details ofDuties** | **Period** | **DutyPorfomed** | **Remark** |
| Assessment/Papersetting | 2006Onwards | Assessment &PaperSetting | BAMA |

# Providethedetailsofanyresearchproject ordetailsofLecturesdeliveredasanExpert.

DetailsofResearch,Completed Projects:

|  |  |  |  |
| --- | --- | --- | --- |
| Sr.No. | ResearchtitleoftheProject | University /Institute | Year |
| 1 | AComparative Study ofDepressionBetweenTribalandNonTribalCollegeStudent’s | CPE | 2014 |

# DetailsofotherAcademic/ExtraCurricularactivities:

OtherActivities:

* 1. BISAGLecture–Subject- “StressManagement”
	2. ParticipationatNationalAssociationfortheBlind(NAB)inthethreephaseCapacity Building Training Program –organized by Disabled Persons Organization(DPOS)Unnati-OrganizationforDevelopmentEducationDate.August10-11,2013&September7-8,2013&October19-20,2013.
	3. Brail Reading and Writing Competition-Himmatnagar-2009-imparted services as ajudge.
	4. “M.P.B.O.U.Bhopal and IGNU GujaratStatby Foundation Course on EducationfortheDisabledBlind”

ExpertLecturesDeliveredD.23-12to24-12-2011

1. “PreChildhoodDevelopment”
2. “LearningandLearningMaterial,Toolsand Instrument”
3. “DisabledChildrenforBehavioralManagement”
	1. NationalAssociationfortheBlind(SabarkanthaDistrict Branch)Vadala Programme–

ExpertLectureDelivered-“MentalProbleminDisabledoldAge”

1. NationalAssociationfor theBlind(NAB) ExecutiveMember-2010to15-10-2013
2. NationalAssociationfortheBlind(NAB)Joint-Secretary-since16-10-2013

**Principle Signatureof Teacher**

**Date: 02/04/24**